

## Massage Liability Release Form

## By signing this form, you agree to the following:

- I understand that the massage service offered is for the therapeutic purpose of general wellness, stress reduction, and relief of muscular tension.
- Information about massage therapy, potential benefits, effects, risks, contraindications, and possible alternative therapies have been explained to me and I understand this information. I understand the risks associated with massage therapy include, but are not limited to:
  - Superficial bruising
  - o Short-term muscle soreness
  - o Exacerbation of undiscovered injury
- I have been given the opportunity to ask questions about massage therapy and my questions have been answered to my satisfaction.
- If I experience any pain or discomfort, I will immediately inform my therapist so that the pressure or techniques can be adjusted to my comfort level. I will not hold my massage therapist responsible for any pain or discomfort I experience during or after the session.
- I have provided my therapist with an accurate and complete medical history and agree to inform my therapist of any new diagnoses, or changes in my health or medications.
- I do not have any injuries or conditions that prevent me from receiving massage therapy. I understand the importance of informing my massage therapist of all medical conditions and medications that I am taking, and that there may be additional risks based on my physical condition.
- I understand that I or the massage therapist may terminate the session at any time.
- I release the massage therapist and business from all liability for any harm that may unintentionally result from this treatment.

By signing this form I agree to the conditions as outlined above, and I release the massage therapist and business from all liability for any harm that may unintentionally result from this treatment.

Client Si	gnature		
Client N	ame (Please	Print)	 
 Date	/	/	